

Apply NOW!



ORANGE COUNTY BIKE CAMP

Monday, August 3 - Friday, August 7, 2020
Soka University, Aliso Viejo
Tuition: \$300

Submit your
application to UCP-OC



The Orange County Bike Camp has been helping individuals with disabilities ages 8 + to learn to ride a two-wheeled bike independently in a safe, air-conditioned environment since 2008!

Session Times

8:30 a.m. - 9:45 a.m.
10:05 a.m. - 11:20 a.m.
11:40 a.m. - 12:55 p.m.
2:00 p.m. - 3:15 p.m.
3:35 p.m. - 4:50 p.m.

Camp Format: Training sessions last 75 minutes per day (session times listed above) with a two hour family orientation day on Sunday, August 2nd. Campers will attend the same session all week and will be assisted by volunteer buddies directed by the iCanShine staff.

There are a Host of Benefits:

- Self-esteem
- Peer inclusion
- Improved health & confidence
- Improved participation in family activities
- Greater independence and transportation

What's Included:

- Use of adaptive bikes
- Specialized training
- One-on-One assistance
- A helmet and t-shirt will be provided to each rider
- Medal and certificate upon completion

Rider Criteria:

- You want to ride a bike independently
- You can attend Bike Camp all five days
- You are age 8 through adult (priority may be given to older applicants).
- You are able to walk unassisted
- You can stand "side step" (think "straddling a bike to get on").
- You can pedal a tricycle or bike with training wheels
- You are willing and able to wear a bike helmet for the session
- You have a minimum inseam of 20 inches and maximum weight of 220 pounds.



How to Apply:

Register online at www.ucpoc.org/bikecamp. Once completed, your payment will confirm your spot in this year's Bike Camp.

COVID-19 Disclaimer

While we remain optimistic, should the COVID-19 crisis prevent the launch of the 2020 OC Bike Camp, notification and refunds will be issued accordingly.



Registration Questions?

Contact UCP of Orange County
by emailing recreation@ucpoc.org